

the ripple *Summer* 2010

Brought to you by Paddle Manitoba: Your Recreational and Wilderness Paddling Community

Join
Us for *Open
Paddles* at Fort
Whyte and La
Barriere



Photo by Maura Nelson

Welcome New Members

If you are interested in being part of Paddle Manitoba activities both on and off the water, sign up as a member today. For information on the benefits of membership, contact vice president Stephen Challis at vice_pres@paddle.mb.ca

To Reach Paddle Manitoba

If you are looking for other information on what is happening in the Manitoba Paddling community, you can check out the Paddle Manitoba website at www.paddle.mb.ca or you can phone us at (204) 338-6722.

Also on the website, you will find a full list of current Paddle Manitoba Board members, complete

with phone numbers and e-mail addresses. You are welcome to contact board members at any time with your paddling questions. If we can't help you, we might know someone who can. Click here for ([Board Members](#))

Paddler's Forum

Paddlers are a great source of information for each other! Ask or answer questions of your friends on the water by visiting the forum. [Paddler's Forum](#)

Other Paddler Connections

Paddle Canada
1-888-252-6292
www.paddlingcanada.com

Manitoba Whitewater Club
www.mbwhitewaterclub.ca

Manitoba Paddling Association
www.mpa.mb.ca

Publication Dates

The Ripple will be available on line quarterly. Paddle Manitoba members will receive a link to the newsletter and it will be available exclusively to members for approximately

one month after it is published, after which time it will be posted on the Paddle Manitoba website for viewing by the general public

Newsletter Submissions

Submissions for the Ripple are always welcome, including stories, trip reports, photographs, paddling tips, recipes – anything that might be of interest to other paddlers. Send your contributions to communications@paddle.mb.ca

Newsletter submissions are best sent electronically, with text sent as the body of an e-mail or in a Word attachment. Pictures do not have to be related to an article but they should have a caption. Pictures submitted for the newsletter may be used for other PM applications as well (eg. web site, promotional material).

Officially, the mid point of summer happens on about August 3. There is still plenty of time to find some friends, strap the boat on the car and get out to enjoy the wonderful lakes and rivers in and near Manitoba.

Deadlines
for submissions
to the next Ripple
is September
25th, 2010!

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PRESIDENT'S MESSAGE

Hello from Coburg, Ontario.

I'm writing this from Via Rail train 60, en route from Oshawa to Kingston (at least for me) for five weeks of summer camp on Wolfe Lake, near Westport.

One of my favourite parts of Paddle Manitoba is getting the chance to get out on the water with many different groups of people. A couple of weekends ago, Ian Waters and I spent an afternoon at La Barrière Park with a Katimavik group. These young adults were approaching the end of their nine-month experience of Canada, traveling and volunteering together, and learning more about this country. One of the participants contacted me to set up a chance to go for a paddle towards the end of their time in St. Pierre-Jolys. It was a bright, sunny day, and despite the receding flood waters leaving the banks incredibly muddy and slippery, the whole thing went off without a hitch. The participants had fun splashing each

other, racing to finish pivots, and just generally enjoying being out for an adventure.

Speaking of adventures, I am about to set out on a new one myself. After camp, I am returning to Winnipeg before (temporarily) moving out to Vancouver. In mid-June I was offered, and accepted, a one-year internship in the outdoor education program of a boys' school called St. George's. I am extremely excited for the chance to combine my camp and paddling background with my freshly-minted B.Ed. Thanks to wireless internet, laptops, and Skype, I will not have to fully pull out from Paddle Manitoba either. I look forward to remaining actively involved with the board, pending a likely return to Winnipeg in June of 2011.

I hope each of you has an excellent summer of paddling, hopefully relatively mosquito-free!

Catherine Holmen

EDITOR'S MESSAGE

This past May, I had an opportunity to take a group of young paddlers, 6-10 year olds, and their parents on their first ever canoe trip, an overnight excursion through the Caddy Lake tunnels. Despite an eight-hour thunderstorm over night – probably the longest storm I have ever experienced - we enjoyed great paddling conditions with calm winds while we were on the water, very little rain during the day, and no bugs. The kids were thrilled and their parents not much less so.

In my world, there is not much that can beat the satisfaction that comes with sharing the joy of paddling with those who have not yet had much exposure to it and knowing that the flame that is lit when they first put their paddle in

the water will burn for a long time. I have already seen those same young paddlers on the water in other places. I think they will be lifers!

In this issue of the Ripple, you can read two versions of another young person's canoe trip, the Apasapowin trip with students from the high schools in Norway House and Cross Lake. Traveling in voyageur canoes on a historic route that their ancestors had also traveled carried special significance for the students and teachers on the trip. Staying with big boats in the north, this issue has Catherine Holmen's review of Anthony Dalton's book about his voyage in a York Boat heading for the Hayes River. Not as far away but still towards the north is the Manigotagan River and you can read about the team that created the Manigotagan trip map and interactive web site.

Whether you prefer a quiet evening paddle or packing your canoe or kayak for a multi-day trip, remember that life is good if you can just go paddling.

Yvonne Kyle

it's

ALL IN THE

name

Taking a Look Behind the
Names of Manitoba's Lakes
and Rivers

One of those Days!

by Dusty Molinski



Wasn't there
supposed to
be a river
here???

Some days on the water, things certainly can seem to be going all wrong. In fact, some of "those" days are reflected in the names of various rivers and lakes here in our province. Such names are a permanent testimony to the bad luck struck in these places. They also remind us that on the days when we feel that it is only us that trouble is following, we can rest assured that it has followed others as well!

Bad Cache Rapids (Churchill River)

During a geological survey of the area, a member of the crew became ill and required a visit to the hospital. Before leaving, a cache was built near the rapids. When the crew returned, a week later, they found that a bear had taken the food and wrecked the cache.

Bah Lake (Near Setting Lake on the Grass River)

The presumption is that the fishing was poor, or perhaps that the lake was rather unsuitable for some other intended purpose.

Blank Lake (Near Split Lake)

A survey party was told of an old trail that started at the northwest end of the lake and set out to locate this path. The survey party was unable to locate the trail. Having "drawn a blank" as to its location, they decided that this should become the lake's name.

Lost Fry Lake (Near George Lake, in the Whiteshell)

The Lake George Fishing Club had released the fry of various fish species into this lake. Following a massive forest fire, entry to the lake became impossible, and the newly released fry were lost forever.

Soab Creek (Flows into Grass River)

A survey crew dumped their canoe here leading to the loss of some instruments and supplies. This led to some choice words, followed by the name Son of a B***h Creek. It was then shortened to the more acceptable Soab Creek.

Stink Lake (Near Clear Lake at Riding Mountain)

This lake appeared the perfect location, but upon arrival, a strong odour of sulphur dictated otherwise.

Three Sisters Lake (Near Knee Lake)

In this area, machinery operators had difficulty crossing. Moreover, the cook of the machinery crew had three difficult sisters that seemed to be the bigger worry.

Weak Tea Bay (Near Nejanilini Lake)

A tea party was held here for the unveiling of a cairn. The visiting dignitaries and the event that had brought them together were second in conversation to the weakness of the tea.

Wrong Lake (Poplar River)

It is possible that winter road surveyors arrived here by mistake, leading to the name. Locally the lake is known as Drunken Lake, which is perhaps what happened after a long day of work in the wrong direction (the reason behind the local name is unknown)!

Whatever mistrials besiege you during your next canoe or kayak adventure, always remember that everyone who paddles can have one of those days out on the water!

For more information, check out the book [Geographical Names of Manitoba](#), produced by Manitoba Conservation.

faces

OF A MOVING WATER COURSE

Pictures by Dave Maddocks and Colin Kyle

In early June, 10 adventurous paddlers, under the tutelage of Dave Pancoe and Tim Lutz, spent time learning the basics of maneuvering their canoe in moving water. Their faces tell a story of intense focus, trepidation, frustration, excitement, and pure exhilaration as they put their new skills to the test running rapids on the Whitemouth River.



Catherine and Heather and Eric and Crystal are the only boats not to capsize all weekend



Although it wasn't from lack of trying.



Catherine and Heather took their paddling very seriously...



... Crystal and Eric did not.



Dave and Rod are only a little bit wet, honest!



And the next time they decided to try going on top of the water instead of through it.



Colin and Yvonne are watching pretty closely to make sure the boat stays upright and they stay in it.



Son Aaron thought it was the best weekend he'd ever had and Dad Gord shared the opinion.



Catherine needs a better look so she can tell Dave the plan for going down the rapids.



Even out of the boat, they look like a pretty determined lot!

Apasapowin

Canoe Trip 2010



A student and a teacher each tell their version of a trip in voyageur canoes along the historic Nelson River in Northern Manitoba

by Irvana Balfour

Student at Helen Betty Osborne School
in Norway House

Day 1:

The day we left, we went to the ferry to depart from there. The bus took longer than we expected, but we reached the landing and waited for everyone. As we waited, we saw a cub running back and forth from each side of the road.

It was about 1:30 by the time we left from the ferry and arrived at Sea Falls cabin where the chaperones made lunch consisting of fish, bannock, and potatoes. It was around 3 or 4 pm that Cross Lake showed up and had something to eat, after which we headed out to Sugar Falls where our first camp would be. The weather on our way to the camping area was beautiful. Our team left first and in our voyageur canoe was Rene, Martina, Vince, Cory, Carson, Travis, Gordie, and I. As we were canoeing, Gordie would sing and tell stories. It took us an hour and half to get to Sugar Falls. We were tired and we were all lazy.



Gordie cooked burgers and smokies for supper and when we had eaten, we sat around the fire and listened to Gordie telling us stories.

Day 2:

We all left Sugar Falls around 10:00. After a couple hours following the Nelson River, we came up to a river which had a few rapids. We finally

reached McCall Rapids and all the students got out to help take everything from the boat and transport it to the other end of the rapids. All together, we portaged 4 boats and 3 canoes which took us about 2-3 hours of good work.

We had a wiener roast and tea before we left McCall and were told we were heading for Hi Hill. I don't know how long it took us. On the way we saw a moose but had no gun to shoot it. As we arrived at Hi Hill, we all got out to portage again. It was easy because the portage was very well built.

As we portaged, Hubert's boat began to sink. Luckily, they got everything out before it sunk. It took us about an hour to load up and head towards our second campsite. We arrived at Millers camp and after we were set up, we had Kraft Dinner, smokies, and hot dogs for supper. Later we all sat around and got to meet the students from Cross Lake. As we were relaxing, a fortune teller told us our fortune and Gordie asked us if we wanted to have a hair fight which is stupid if he ever shows you, but at the time it was funny.



Day 3:

We started the day with Gordie yelling at us and shaking our tents to get up. As we were getting our stuff packed, some of the adults started to cook and load up the boats. We left Miller's cabin at about 10:30 and headed towards Pipestone Lake. As we approached the lake, we saw the water and the waves getting more intense. The canoes were starting to feel like they were going to tip as the approached each wave. The motor boats following were no help for they were causing high waves for the paddlers.

We crossed Pipestone Lake and headed for an island to have a rest and lunch. We left and in 20 minutes we reached Kichi Sipi bridge. Heading into the river we saw some cabins

and people camping in one of the cabins. We left the river and finally saw Cross Lake. But our troubles were not over as we had one more obstacle to overcome, the high waves as we crossed the lake heading towards the narrows and into the reserve at Cross Lake. It took us half an hour to cross and land by the band office.

I liked this experience a lot. I would love to do it every year. I also learned a lot and respected earth



Apasapowin Canoe Trip 2010 cont..

by Hubert Hart

Outdoor Education Teacher at
Helen Betty Osborne School

The purpose of the Apasapowin canoe trip is to encourage young people to learn, improve, and apply life and survival skills in the outdoors. The name for the trip, "Apasapowin" is the Cree word for "looking back" and was chosen by Danny Halcrowe from Cross Lake who told us how students and teachers used to ride on skidoos and always looked back to see where everyone was. On the first Apasapowin trip, we traveled to Cross Lake and the second time came from Cross Lake to Norway House. For this, our third trip, we would start from Sea Falls Landing near Norway House and travel to Sugar Falls, on the Nelson River towards McCall Rapids and Hi Hill, and finally cross Pipestone Lake towards Cross Lake. The students, from Helen Betty Osborne School in Norway House and Otter Nelson River School in Cross Lake, would be paddling on this historical water trail in voyageur canoes.

Many of our ancestors had traveled on the Nelson River system and many of the Norway House students have relatives in Cross Lake. I had been thinking of doing this trip for many years. My mother used to tell me stories of how her family had come down the Nelson River every fall so they could go to school and my granny could work at the old Rossville School and at the hospital. My mother's tales of her trips on this mighty river system made me want to explore it and travel it so I can someday share my own stories with my grandchildren.

We were not able to prepare for the trip as well as we had hoped. Bad weather in the spring kept us off the water and unable to practice our paddling skills in the voyageur canoes. Inadequate practice time and the inexperience of the paddlers led to many frustrations for students and chaperones. My expectations were not fair to the students, especially since the Cross Lake group had experienced paddlers helping their kids move their warrior canoes along the river system with ease while our students were fighting to keep their boats straight.

When I first mentioned that I was planning to go on a trip along with a group from Cross Lake, the students were a little hesitant. As we came closer to the dates of our trip, however, many of them were asking "when are we going on this trip?" We had many phone calls with our friends from Cross Lake as we made our final arrangements. We listened to each other's ideas as the plans evolved. It sounded easy on paper but we knew that even a perfect plan doesn't always work out the way it is intended.

As we headed out, we had so much stuff it looked like we were going on a month long expedition rather than a three day outing. Dave and Gordie joined us at the Sea Falls cabin where we shared a lunch of pickerel and potatoes along with bannock and tea while we waited for our Cross Lake friends.

There were few glitches to deal with before we could set out, like Charles having to find a boat at the last second, and we were disappointed to see so few people at the landing to see their kids off on a journey that would be both an education and an adventure.

But, at around 5 o'clock, we headed towards our first camping spot at Sugar Falls. Cross Lake students did some fishing and caught a few pickerel before crossing to the other side of the falls for the night. Our students set up their tents, cooked and told stories until late into the night.

Breakfast on day 2 consisted of bacon, eggs, and bannock, with corn beef hash for some. We left at about 10:00 and headed down the mighty Nelson River towards McCall Rapids. The portage around the rapids needed some work before we could use it. The water level didn't help at all. But we managed to take all 3 canoes and 4 Lund boats over the portage with 2 or 3 hours of hard work by the students and chaperones.



We shared a shore lunch before continuing our journey. Along the way, the scenery and the weather were nice. The paddlers seemed to be moving faster, even when they encountered obstacles, such as rapids, fast water and portages. We finally reached "Hi Hill". The portage here had been well maintained and we crossed it easily. The students were excited to see a moose by the shoreline slowly walking into the bush but we didn't carry any weapons on this trip. We reached Miller's camp around 6:30 and settled in for a relaxing evening. Sitting around the campfire and seeing friendships developing with the students make this trip worthwhile. Games such as fortune telling, legends, stories, and a hair fight were some activities enjoyed by all.

Wake up call was around 8 am. We had a good breakfast that included, among other things, some eggs borrowed from the Cross Lake crew. After breakfast, we headed towards Pipestone Lake. I don't think this lake likes us. For the last three years, it has challenged the students' skills in paddling. It's as though the lake really wants to push the students so that they can truly accomplish the goals of this trip. The student reached Cross Lake with a sense of pride in what they had done. Their parents should be proud of all the students and chaperones.



“The map was great and was like having your own personal guide. It's a great quick reference for all the sights and to plan the next days adventure!”

- Kevin Lawes Paddle Manitoba Member



Manitoba Eco-Network's Manigotagan River Canoe Map & Interactive Website

Contributed by Jennifer Heinrichs

Manigotagan River Provincial Park is about 200 kilometers northeast of Winnipeg, beginning at the northwest edge of Nopiming Provincial Park and ending 100 kilometers downstream at the community of Manigotagan on Lake Winnipeg. It is Manitoba's youngest provincial park. As a Park Reserve in 1997, it was the subject of intense public education and campaigning by Manitoba's Western Canada Wilderness Committee and in response the Manitoba government expanded the Park Reserve, establishing it as a provincial park in 2004. The communities of Manigotagan and Hollow Water First Nation consented to the park because it was developed in a manner that respected their treaty rights and the communities' goals and values. Their continued support helps ensure that the natural, cultural, and recreational heritage of the area is preserved.

Manigotagan River Provincial Park stretches 750 meters from each bank of the river. The landscape is diverse and spectacular, with sheer rock faces covered in Jack Pine and Lichen, stands of Balsam, Poplar, Green Ash and Elderberry, Prickly Pear Cactus, and the only Canada Yew found in Manitoba. Area wildlife includes moose, black bear, wolf, eagles, and woodland caribou. 99% of the park is designated as backcountry use, forever protected from mining, logging and hydro-electric development. Archaeological surveys have revealed thousands of artifacts, indicating the presence of Blackduck and Laurel cultures

dating back as far as 2200 years. More recently the Manigotagan has been used by trappers, loggers, and miners, as rusting log boom anchor bolts, an occasional trapper's cabin, and mining equipment scattered along portage routes attest.

In the summer of 2006, to mark the river's status as a Provincial Park, volunteers with the Manitoba Eco-Network embarked on several canoe trips to collect data and create a map of the area. The team included a canoe guide, two naturalists to document the area's flora and fauna, a GIS mapping expert, the MEN project Coordinator, and Ron Thiessen from CPAWS. The goal was to gather and present information so that prospective visitors to the area would know not only about the safe and responsible use of the Park, but also about the natural and cultural history of the river and ecosystem. The team hoped to inspire people to learn about and explore the area, and to increase awareness of the river's importance to all Manitobans since its clean waters nourish Lake Winnipeg.

Three years after the initial trips, the Manigotagan River Canoe Map and interactive website became available online and in stores and libraries across Canada. At the official release of the water-proof, full color map, Anne Kirch, leader of the Manigotagan Project described the results. "We believe this unique online map and trip planner is the first of its kind in the world. People can log onto the map from anywhere to get a taste of a trip on the river – complete with photos and

videos, plus lots of information about the river environment, its heritage, and natural history." As well, the map details clearly marked rapids and campsites, points of interest, and tips for responsible camping. The interactive website provides more specific information about the rapids, along with tips to navigate them, in the form of downloadable pdf files and videos. Trip photographer, Ron Thiessen, notes, "we wanted to bring the place into people's homes."

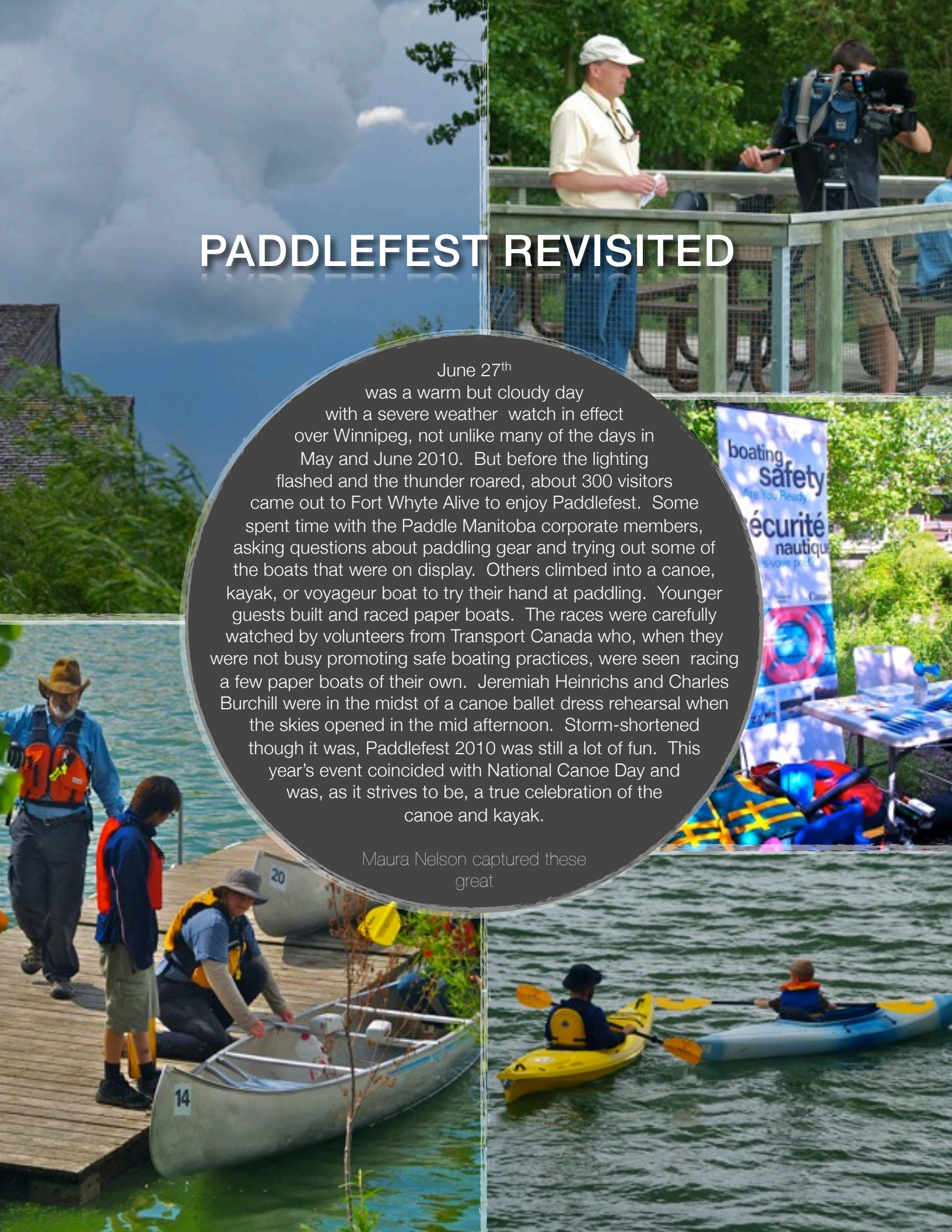
MEN's Manigotagan River Canoe Map and interactive GIS website wouldn't have been possible without the hard work of the six volunteers who endured the challenges of hiking and canoeing in Manitoba in the summer, with biting insects, rain, hot sun, forest fire threats, and low water levels. It was the only project of its kind at The Canadian River Heritage Conference in Ottawa last June. MEN's display received a great deal of interest and inspired others to consider similar projects in their own regions. The interactive website was unique in its scope and the depth of its content. The Heritage Rivers Conference focused on the importance of Canadian rivers to our culture, history, and environment and the Manigotagan was the only Manitoba river represented. The pioneering work of the Manitoba Eco-Network's GIS and Mapping Centre is turning a new generation of outdoor enthusiasts across Canada on to this river.

To purchase paper copies of the Manigotagan River Canoe Map or use the interactive website please visit www.mbeconetwork.org/canoemap

PADDLEFEST REVISITED

June 27th was a warm but cloudy day with a severe weather watch in effect over Winnipeg, not unlike many of the days in May and June 2010. But before the lighting flashed and the thunder roared, about 300 visitors came out to Fort Whyte Alive to enjoy Paddlefest. Some spent time with the Paddle Manitoba corporate members, asking questions about paddling gear and trying out some of the boats that were on display. Others climbed into a canoe, kayak, or voyageur boat to try their hand at paddling. Younger guests built and raced paper boats. The races were carefully watched by volunteers from Transport Canada who, when they were not busy promoting safe boating practices, were seen racing a few paper boats of their own. Jeremiah Heinrichs and Charles Burchill were in the midst of a canoe ballet dress rehearsal when the skies opened in the mid afternoon. Storm-shortened though it was, Paddlefest 2010 was still a lot of fun. This year's event coincided with National Canoe Day and was, as it strives to be, a true celebration of the canoe and kayak.

Maura Nelson captured these great



recipes

Jambalaya -Ken Schykulski

Ingredients

1 onion, chopped and dehydrated
1 green pepper, chopped and dehydrated
1 213 gram can of cooked chicken, dehydrated
8 sun dried tomatoes, chopped
2 teaspoons of chicken bouillon
½ teaspoon dried garlic
1 tablespoon dried parsley
½ teaspoon thyme
1 teaspoon salt
½ teaspoon of Tabasco sauce, or chili powder or a dash of cayenne pepper
1 cup uncooked rice
1 dry pepperoni stick, chopped

Method for dried ingredients

Re-hydrate the onion, green pepper, chicken and tomatoes by placing in a pot with about two cups of water. Bring to a boil, turn off heat, cover pot and let sit in hot water for at least 15 minutes, or up to one hour. There should be some water left in the pot.

Add remaining ingredients to pot along with two cups of water. Bring to a boil, reduce heat to lowest point, cover and simmer for 15 minutes or until rice is tender. Serves 2-4 people.

The beauty of this recipe is that it is easily prepared as a dehydrated meal. Fresh ingredients may also can be used. The quantity can be easily varied to serve one person or many people. It is an easy to cook, one-pot meal that is really yummy!

Recipe

Contest Update:

Entries to the recipe contest announced in the Spring 2010 Ripple were not plentiful enough for us to be able to choose an over-all winner. We do appreciate those who took the time to submit their favourite trail meals though and a small prize will be going out to the submitters of the recipes on this page and to Alan Louer and Cindy Chudley who submitted the recipe for the Spring 2010 issue.

Lazy Perogies (Serves 2) -Catherine Holmen

Ingredients

1 onion (or green onion, for another flavour!), chopped
bacon (as much or as little as you want)
2 cups small shell pasta
1 cup instant mashed potato flakes
roughly 250 g of cheddar cheese, shredded or cut in to small cubes

Fry the bacon and the onion. Break the bacon in to smaller pieces. Set aside for now. Bring a pot of water to boil, add the pasta, and boil until cooked. Drain most of the water out. Add the instant mashed potato flakes, and stir well. Add the cheese, onion, and bacon, and stir until the cheese melts.

Enjoy!



Sweet Noodles - Franz Krenn

Ingredients

Spaghettini
Onion
Garlic
Olive Oil
2 tbsp honey
Water/Milk/Cream
Basil
Chives
Chopped Tomato or Red Pepper

Boil spaghettini over open fire and drain. Save about 3 table spoons of the water.

Chop up Onions and Garlic in to fine pieces and fry in Olive oil. Add Salt. Fry Golden. Add at least 2 tbsp of honey and caramelize the Onions and the Garlic. Add A little Water or cream or milk, depending on the stickyness you want. Basil and chives and a chopped tomatoe or Red Pepper for Colour. (Perhaps 3 min on the Open flame in side the Pan) Add the saved noodle water back to the noodles and stir.

Stir in the Sweet Honey Sauce and enjoy

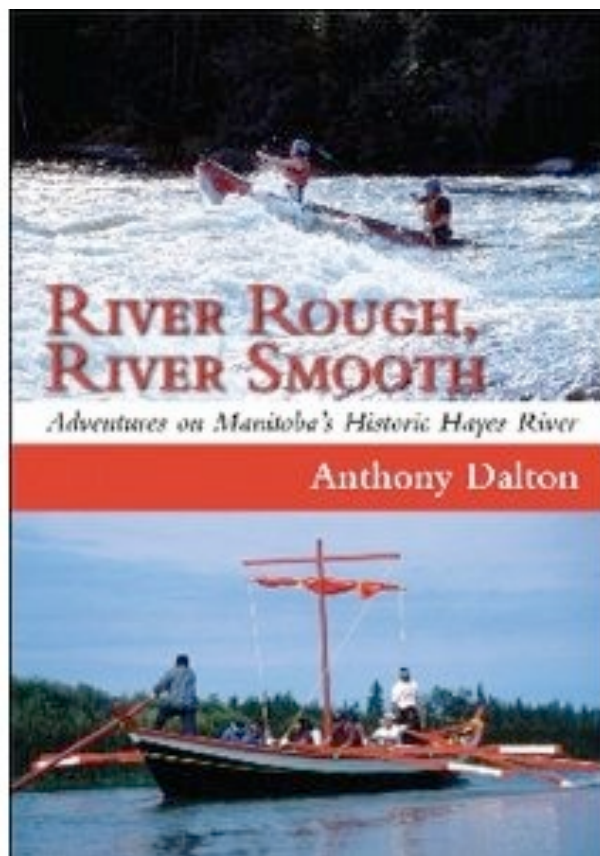
River Rough, River Smooth: Adventures on Manitoba's Historic Hayes River

Reviewed by Catherine Holmen

In 1994, author Anthony Dalton set out from Norway House with a group of twelve local Cree men, set to travel the 650 km to York Factory in a replica of a traditional York boat. Dalton's background in writing and history, and a previous photojournalism assignment in Churchill, peaked his interest in the wilderness of northern Manitoba. When he learned about the planned trip, he had to partake.

Much of the book tells the story of the adventures of the crew in their York boat, affectionately referred to as "Yorkie" by Dalton, and "that York boat" by the rest of the crew. A particularly memorable chapter describes a 2-kilometre portage that took more than 52 hours to traverse. Considering the description of the supplies that go in to building a York boat, I can only imagine how much work it must take to move one overland. However, given their dimensions, many paths through rapids that would be navigable in a canoe are impossible in the much larger craft.

Dalton's account of the venture is memorable and well-written. Unfortunately, the journey was cut short just before the crew got to Oxford House when the York boat jammed against a winter-road bridge. The crew was lining the boat through a rapid partially sunk, so that it would fit underneath. The best-laid plans unfortunately ended the trip when the sternpost broke off, the keel cracked, and the hull of the boat sustained damage that would take a significant amount of work to repair. Despite plans on the part of the Cree crew to complete the journey the next summer, it was six years before Dalton returned to the river, this time on a canoe trip with Rob and Mark from Wilderness Spirit. With that group, he



completed his odyssey, travelling from Oxford House to York Factory.

Far more than an account of an adventure, Dalton's book looks at many aspects of the Hayes River's existence as a major transportation route for trade and immigration, a diverse ecosystem, and a way of life for centuries of First Nations and HBC traders. Adeptly incorporating both modern and traditional elements of trips upstream and downstream, Dalton provides a unique look at this Canadian National Heritage River. The river, which he describes as being "in an almost perpetual hurry... pour[ing] its soul into Hudson Bay" exists in contrast to a more organic understanding of time, where "the York would reach the other side once she had crossed all the many obstacles in her path."

All in all, Dalton's book is a worthy read, bringing both knowledge of what is Manitoba's largest naturally-flowing waterway, and the excitement of what is possible. This book, and others, are available for members to borrow from Paddle Manitoba's collection of resources.

THANK YOU !

A GREAT BIG...

To all the Paddlefest Volunteers

If you helped people to paddle a canoe, kayak, or voyageur canoe, sold silent auction tickets, moved boats and equipment, cleaned up the site, welcomed guests at the door, set up tables, put posters up, demonstrated your canoe ballet skills, or did anything else related to Paddlefest, know that your efforts are very much appreciated.

Special thanks to **Donna Prowse** who coordinated the silent auction, **Janice Pennington** who looked after promotions and hosted the paper canoe races for younger visitors, **Eric Gyselman** and **Tim Wintoniw** who coordinated on the water activities, **Stephen Challis** who made sure all guests were greeted, and **Maura Nelson** who made sure we had great pictures of the day.

And the day could not have happened without our **corporate members** and **other sponsors** who contribute so much. Thank you to all of you!

To Cam White, Cary Chapnick, Sharon Touchette, and Eric Gyselman

Who have volunteered to host Paddle Manitoba member trips this summer. Check the web site for the next trip.

To Crystal Hurd

For your assistance in making this issue of The Ripple look so fabulous!

To Ken Schykulsi, Charles Burchill, Esther Wogberg, and Janice Pennington

Who, along with several PM board members, have represented Paddle Manitoba at the Tuesday/Thursday Fort Whyte open paddles. Special thanks to those volunteers who have been out on the nights when the open paddles were the most popular and when keeping everybody safe and happy was a big challenge.

PADDLING HUMOR

An expedition kayaker gets lost in a chain of deserted islands. Paddling well after sunset he finally camps on a sandy beach. He wakes up and notices the sand is dark red. The sky is dark red. He walks around and sees that there is dark red grass, dark red birds and dark red fruit on the dark red trees. He's shocked when he finds that his skin is starting to turn dark red too.

"Oh no!" he says, "I've been marooned!"

YOU ARE INVITED

To the First Annual Paddle Manitoba Summer Paddling Party
and Volunteer Appreciation Night.

Wednesday, August 11th 6:00 pm – 9:00 pm

Fort Whyte Alive Adventure Centre, 2505 McGillivray Boulevard

FOOD – A good old fashioned barbecue

FUN – Canoe water polo anyone? Or perhaps some kayak tag, or a diabolical obstacle course. And maybe some games on the ground too!

FRIENDS – Connect with paddlers you haven't seen for a while. Meet some new water sport enthusiasts.

Cost: **FREE!** For all Paddle Manitoba Members and those who have volunteered in support of Paddle Manitoba activities. Members and volunteers are welcome to invite along a guest who may not be a member yet but who loves to paddle and to party!

Stuff to bring: Your PFD and paddle if you have them
Your favorite camping dishes (so we don't have to use paper ones!)
Your bug spray.
Your smile

**Come by yourself or bring your friends and family –
Everyone is welcome!**

RSVP BY AUGUST 7 TO COMMUNICATIONS@PADDLE.MB.CA

When you reply, please indicate how many people will be coming with you and whether your group includes any children.



What the Heck is 'Community Collaboration'?

by Eric Gyselman

Parked between 'Communications' and 'Programs' on the Paddle Manitoba website list of Board Members is a position called 'Community Collaboration'. Odd name! What does this person do?

The Paddle Manitoba constitution lists the duties of this position as: 1) "Seek and maintain connections with other clubs, organizations, companies, and government and non-government agencies in order to promote issues of mutual interest" and 2) "Develop agreements with other clubs, organizations, companies, and government and non-government agencies which, where necessary, formalize relationships with Paddle Manitoba". Interesting but maybe not much help!

So, as the person who currently fills the position, here are the responsibilities as I see them.

Paddle Manitoba is much more than simply a paddling club. Most of you will understand our relationship with Paddle Canada as the Provincial affiliate responsible for implementing the national instruction program in Manitoba. As part of this obligation, we teach introductory canoeing and kayaking programs through our partnership with FortWhyte Alive. We also put together paddling trips, indoor lectures during the winter, and public promotional events like Paddlefest and the WaterWalker Film Festival. However, we also have a third component which is advocacy and outreach to other organizations, clubs, and government and non-government agencies to ensure the recreational and wilderness paddling community is represented within the province. So what does this mean? Let me use a couple of examples to demonstrate.

Manitoba Hydro, as we all know, depends heavily on hydroelectric generation of electricity. A by-product of their activities is the controlled flow of rivers with dams. Paddle Manitoba regularly receives information from Manitoba Hydro on

construction, modification, and servicing of dams and related infrastructure. The Community Collaboration Chair reviews this information to determine if Hydro's activities may have an impact on the rivers that paddlers use for their recreational enjoyment. If their plans do potentially impact paddling interests, the membership is notified so they can react in whatever way they choose. A plan that could cause a serious detrimental impact to a river could result in a formal submission by Paddle Manitoba, prepared by the Community Collaboration Chair, addressing the issue. Manitoba Hydro is only used as an example here. Paddle Manitoba has an open and cooperative relationship with the utility, which is as it should be. The Community Collaboration Chair reviews development activities in general for potential impacts, whether they are sponsored by governments, private corporations, communities, or utilities.

Paddle Manitoba supports many activities that directly (or indirectly) involve paddling. For example, we were recently approached by the Fire Department of McDonald Municipality immediately south of Winnipeg to help with their fundraiser in support of the Muscular Dystrophy Association. We will assist their efforts as best we can and it is the responsibility of the Community Collaboration Chair to lead these activities.

Another role of the Community Collaboration Chair is to reach out to other regions of the province. Manitoba is a large province but more than half of its population is in Winnipeg. With such a large percentage of the people in one city, it is easy for us to lose sight of the needs of areas outside Winnipeg. The Community Collaboration Chair develops and maintains contacts with these areas to ensure their interests are fairly represented on the Board. As an example, paddling is an important activity in northern Manitoba particularly among the youth. Many schools have active paddling programs. The leaders of these programs want to teach young paddlers to Paddle Canada standards. The Community Collaboration Chair is responsible for promoting Paddle Manitoba and Paddle Canada with the eventual goal of expanding our programs into these regions. Similarly, Paddle Manitoba acts as a sort of 'umbrella organization' for recreational and wilderness paddling in Manitoba. The Community Collaboration Chair is the point-of-contact for Paddle Manitoba with these organizations whether they be clubs, youth groups, or community organizations.

So that's what the Community Collaboration Chair does. An odd name but a busy position.

From the Board Room

Mark the Date

Mark your calendars now for the next big Paddle Manitoba happening. The Water Walker Film Festival will return to Winnipeg on **Saturday, November 6 from 7:00pm - 10:00pm at Fort Whyte Alive**. As you hang up your PFD for the season, you will be able to enjoy some great paddling films and share a few stories about the summer just past. Look for details in the fall.

11/06

A round-up of the major items that the Paddle Manitoba Board has been working on

Corporate Member Meeting

The board met with some of our corporate members in April to discuss items of mutual concern. A wide range of topics were covered and the consensus was that the meeting was time well spent. The gathering will be repeated

Canoe School

New Paddle Canada Instructors were trained at Canoe School, a partnership with Manitoba Pioneer Camp, over the May long weekend. This year's canoe school had a smaller group of students than the last several and for the first time used the new Paddle Canada training program. The weekend was considered a success by all.

Member Trips

Several member trips have taken place over the summer thanks to volunteer trip leaders. Attendance has varied but reports are that participants have been satisfied.

Canoe / Kayak Courses

Basic and introductory paddling courses continue at Fort Whyte

Alive. The last classes of the season will be in mid-September.

New Logo

With a stronger focus on wilderness and recreational paddling, PM is looking to re-brand itself. Look for our new logo in the fall, complete with some new swag that shows off the love for paddling that the board wants everyone to share.

Paddlefest

With considerable help from many Paddle Manitoba members and friends, Paddlefest, on June 27th, was another successful celebration of the canoe and kayak. Look for a Paddlefest Photo montage on Page 13 of this Ripple.

Member Follow-Ups

Vice President and member coordinator, Stephen Challis, has been following up with folks who have indicated their willingness to participate in PM activities. This has led to a marked increase in the number of volunteers who have stepped forward to take on various roles within and in support of Paddle Manitoba.

Summer Paddling Party

To say thank you to all who have volunteered for Paddle Manitoba event and to celebrate the summer on the water, the board is inviting members and friends to a summer Paddling Party on August 11. Everyone is welcome. Details are elsewhere in this Ripple.

Presidential Leave of Absence

Catherine Holmen has accepted a teaching position in BC and will be temporarily suspending her position as PM president, although modern communications technology will allow her to stay involved with the board. The board will recruit a new president to fill Catherine's shoes until her expected return in the summer of 2011.

Our Corporate Members!

If you are in need of paddling supplies or are looking for an outfitter or camp to enhance your paddling experiences, please visit the Paddle Manitoba corporate members identified below. PM Members are entitled to a 10% discount on the purchase of goods and services from our corporate members (You must show your Paddle Manitoba Membership card. Some restrictions apply.)

WILDS Of Manitoba

Offers Paddle Canada certified canoeing courses in North Winnipeg and other venues if required. Flexible dates can be booked from June to October.

Address: 30 Riverstone Rd, Winnipeg, MB R2V 4B1 Phone: (204) 334-3111

Email: courses@wilds.mb.ca

Website: www.wilds.mb.ca

Red River Outfitters

In addition to wilderness trips on Manitoba's rivers, we offer unique paddling experiences in our cedar and canvas vintage canoes. Explore Winnipeg's waterways in classic luxury and then dine at your favourite riverside restaurants. Great for anniversaries and special occasions. Paddle Canada instruction also available.

Address: Box 23, Lorette, MB R0A 0Y0 Phone: (204) 878-3570

Email: rr@mts.net

Website: <http://www.redriveroutfitters.ca/>

Wilderness Supply

More than a store... a lifestyle. Winnipeg's family run outdoor store where the staff always have time to chat and the coffee pot is always on. Suppliers of fine canoes and kayaks as well as equipment to fit all your outdoor needs

Address: 623 Ferry Road, Wpg, MB R3H 0T4 Phone: (204) 783-9555

Email: info@wildernesssupply.ca

Website: <http://www.wildernesssupply.ca/>

Woodland Caribou Provincial Park

Ontario's Woodland Caribou Park shares a boundary with Manitoba's Atikaki Park, but nature knows no boundaries. Here begins the Bloodvein River, a Canadian Heritage River which draws paddlers from around the world. Park permits are required of paddlers, and the revenue generated from permit sales is reinvested in the management of the park. Let us help you plan your next adventure in one of Ontario's great natural treasures.

Address: Box 5003, Red Lake, ON P0V 2M0 Phone: (807) 727-1329

Email: woodland.caribou.mnr@ontario.ca

Website: <http://www.ontarioparks.com/>

Stream 'n Wood

Outfit your next adventure with Brandon's outdoor centre – Stream 'n Wood. We offer four seasons of gear including canoes from Old Town and Esquif, and kayaks from Necky and Ocean Kayak. Southwest Manitoba's largest bike sales and service centre is also located in our new store, along with our paddlesport rental department. Let our knowledgeable staff help you plan your next wilderness trip!

Address: 135 17th St. North, Brandon MB Phone: (204) 727-2767

Email: info@streamnwood.com

Website: <http://www.streamnwood.com/>

Manitoba Pioneer Camp

Manitoba Pioneer Camp offers a variety of exciting programs that specialize in wilderness canoeing and adventure programs both in our children's camps and through Wildwise, our out-tripping program. Located in pristine wilderness on two Shoal Lake islands, we have been providing traditional wilderness camping experiences for children, youth and adults since 1942.

Address: 4-1115 Henderson Hwy., Winnipeg, MB, R2G 1L4 Phone: (204) 788-1070

Email: pioneer camp@mts.net

Website: <http://www.manitobapioneer camp.ca/>

Wilderness Spirit

Your guides to the Hayes, Thelon, Bloodvein, Assiniboine, and many other Manitoba and Arctic rivers, are biologists whose knowledge of the wilderness will enhance an already exciting adventure. They will also customize instructional packages for any age and skill level.

Address: 696 McMillan Avenue, Winnipeg, MB R3M 0V1 Phone: (204) 452-7049

Email: info@wildernessspirit.com

Website: <http://www.wildernessspirit.com/>

Camp Stephens

YMCA-YWCA Camp Stephens, established in 1891, is one of Canada's longest-running summer camps, offering modern facilities and fun and challenging programs for families, women and young people ages 8 to 16.

Address: Winter Camps Office 3550 Portage Ave. Wpg, MB R3K 0Z8 Phone: (204) 889-8642 ext. 230

Email: campstephens@ymcaywca.mb.ca

Green Adventures

Whether on vacation or just looking for a new way to explore the scenic lakes of Kenora, Ontario, Green Adventures nature based tour company is dedicated to making your outdoor experience unforgettable and fun. Come and see what the Lake of the Woods region has to offer you

Phone: (807) 467-8535

Email: scottgreen1980@msn.com

Website: <http://www.greenadventures.ca/>

Mountain Equipment Co-Op

Everything imaginable for canoeing and kayaking. Special members' only discount nights hosted twice a year. A wide selection of repair, rescue, and outfitting accessories. Home of Seaward composite kayaks and Pyranaha whitewater boats.

Address: 303 Portage across from the True North Arena. Phone: (204) 943-4202

Website: www.mec.ca

Red River Canoe and Paddle

Manitoba's purveyor of handcrafted wood-canvas canoes and personalized paddles. Doug Ingram builds canoes in the spirit of Chestnut and E.M. White and his artistry must be seen to be truly appreciated. Doug will work with you to build the canoe of your dreams. Drop by for a coffee and see the beauty of canoe building in process.

Address: P.O. Box 78, Group 4, RR2 Lorette, MB R0A 0Y0 Phone: (204) 878-2524

Email: rrcp@mts.net

Website: <http://www.redrivercanoe.ca/>

Northern Soul

This Manitoba company will guide you on some of our most stunning rivers – with a twist! Relax on a "Yoga Canoe" or sharpen your skills with a day of Nature Photography. Northern Soul will work with community and business groups to customize trips to suit your needs.

Address: 74 Gleneagles Rd. Winnipeg, MB R2J 2Y2 Phone: (204) 284-4072

Email: adventure@northernsoul.ca

Website: <http://www.northernsoul.ca/>

Adventure Education

Offers adventure-based experiential activities and programs to promote the development and personal growth of all people. They serve a variety of clients from entire communities to individual schools and small businesses to national corporations.

Address: Box 44, GRP 10, RR2, Lorette, MB R0A 0Y0 Phone: (204) 775-2462

Email: aem@seminfo.mb.ca

Website: www.aeminfo.mb.ca

Wave Track Canoe and Kayak

Carrying a wide range of canoes and kayaks, Gary Brabant is the city's east end paddlesport retailer. In addition to names such as Old Town, Wenonah, and Clipper, Wave Track also carries a broad selection of camping equipment and clothing.

Address: Unit C, 42 Speers Road, opposite Symington Yards off Lagimodiere Blvd. Phone: (204) 231-8226

Email: wavetrak@mts.net

Website: <http://www.wavetrack.ca/>

U of M Recreation Services

In addition to a wide range of canoe and kayak programs, Recreation Services offers activities in climbing, hiking, biking, boat safety, orienteering, and first aid. A great place for your family to learn about living in the outdoors. Open to students and members of the general public.

Address: Recreational Services, University of Manitoba, Winnipeg, MB R3T 2N2 Phone: (204) 474-6100 Fax: (204) 474-7503

Email: mailto:rec_services@umanitoba.ca

Website: [bisonactiveliving.ca](http://www.bisonactiveliving.ca)